


# September Activity Calendar



MON	TUE	WED	THU	FRI
<p>2</p> <p><b>Labor Day PSAC CLOSED</b></p> 	<p>3</p> <p>7:45 Motivated Men 8:30 Motivated Men 9:15 Dedicated Dames Strength Improve. 11:00 <b>Country Jammers</b> 1:00 Cards/Games Drop-In Watercolor 1:30 Music Jam</p> <div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>September Registration begins for Foot Clinic</p> </div>	<p>4</p> <p>9:15 W.O.W. 9:30 Pole Walking 1:00 Cards/Games 2:00 Medicare Assistance</p>	<p>5</p> <p>7:45 Motivated Men 8:30 Motivated Men 9:15 Strength Improve. Dedicated Dames 1:00 Cards/Games Gentle Yoga</p>	<p>6</p> <p>9:30 Pole Walking 1:00 Cards/Games</p> <div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>Final Day to Sign up for Casino Trip</p> </div>
<p>9</p> <p>9:15 W.O.W. 1:00 Cards/Games Men's Coffee Grief Support 5:15 Walk15-\$</p>	<p>10</p> <p>7:45 Motivated Men 8:30 Motivated Men 9:15 Dedicated Dames Strength Improve. 10:00 Hearing Aid Clinic 12:00 <b>The Links</b> <b>Merrymaker Music</b> 1:00 Cards/Games Drop-In Watercolor 1:30 Music Jam</p>	<p>11</p> <p>9:15 W.O.W. 9:30 Pole Walking 12:30 Duplicate Bridge 1:00 Cards/Games Quirky Quilters Woodburners 5:15 Walk15-\$</p>	<p>12</p> <p>7:45 Motivated Men 8:30 Motivated Men 9:15 Strength Improve. Dedicated Dames 1:15 10 pt. Pitch Tournament-\$ Gentle Yoga 5:30 Yoga-\$</p>	<p>13</p> <p>9:30 Pole Walking 10:00 Line Dancing-\$ 1:00 Cards/Games</p>
<p>16</p> <p>9:15 W.O.W. 1:00 Cards/Games 5:15 Walk15-\$</p>	<p>17</p> <p>7:45 Motivated Men 8:30 Motivated Men 9:15 Dedicated Dames Strength Improve. 1:00 Cards/Games Drop-In Watercolor 1:30 Music Jam 5:15 <b>Burger &amp; Pitch-\$</b></p>	<p>18</p> <p>9:15 W.O.W. 9:30 Pole Walking 1:00 Cards/Games 2:00 Medicare Assistance 3:30 Healthy Hearts Support Group 5:15 Walk15-\$</p>	<p>19</p> <p>7:45 Motivated Men 8:30 Motivated Men 9:15 Strength Improve. Dedicated Dames 1:00 Cards/Games Gentle Yoga 5:30 Yoga-\$ 6:30 Line Dancing-\$</p>	<p>20</p> <p>9:00 <b>Movie: Rocketman</b> 9:30 Pole Walking 10:00 Line Dancing-\$ 1:00 Cards/Games <b>Movie: Rocketman</b></p>
<p>Don't Forget to Sign up for Pot Luck Picnic in the Park</p>				
<p>23</p> <p>9:15 W.O.W. 11:00 Cards/Games 1:00 Craft Class Grief Support Women's Coffee 5:15 Walk15-\$</p> <div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>Final Day to register for Foot Clinic</p> </div>	<p>24</p> <p>7:45 Motivated Men 8:30 Motivated Men 9:15 Dedicated Dames Strength Improve. 12:00 Blood Pressure 1:00 Cards/Games Drop-In Watercolor <b>Up the Cattle Trail-Humanities Program</b> 1:30 Music Jam</p>	<p>25</p> <p>9:15 W.O.W. 9:30 Pole Walking 12:30 Foot Clinic-\$ Duplicate Bridge 1:00 Cards/Games Quirky Quilters Woodburners 1:15 Pinochle Tournament \$ 5:15 Walk15-\$</p>	<p>26</p> <p>7:45 Motivated Men 8:30 Motivated Men 9:15 Strength Improve. Dedicated Dames 1:15 Pinochle Tournament \$ Gentle Yoga 5:30 Yoga-\$ 6:30 Line Dancing-\$</p>	<p>27</p> <p>9:30 Pole Walking 10:00 Line Dancing-\$ 1:00 Cards/Games</p>
<p>30</p> <p>9:15 W.O.W. 10:30 <b>Fall Prevention Clinic</b> 1:00 Cards/Games 5:15 Walk15-\$</p>	<div style="background-color: #00aaff; border-radius: 50%; padding: 20px; color: white; font-weight: bold;"> <p>Fall Prevention Clinic</p> <p>September 30 10:30 am - 1:30 pm</p> </div>			