

# MARCH CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>9:30</b> Cardio Drumming <b>10:00</b> Color me Calm <b>10:30</b> Hand/Arm Massages <b>10:30</b> Tap Dance <b>12:00-4:00</b> AARP Tax Aide <b>1:00</b> Tai Chi	<b>3</b> <b>8:30</b> Motivated Men <b>9:15</b> SS Stretch <b>9:15</b> Dedicated Dames <b>10:00</b> Drop-in Scrabble <b>1:00</b> Drop in Watercolor at GMYP <b>1:30-3:30</b> Music Jam	<b>4</b> <b>9:30</b> Cardio Drumming <b>10:00</b> Chatty Crocheters <b>1:00</b> Understanding Alzheimer's Dementia <b>1:00</b> Tai Chi <b>4:30</b> Beginner Ukulele-\$	<b>5</b> <b>8:30</b> Motivated Men <b>9:00</b> Hearing Aid Clinic <b>9:15</b> SS-Core Strength <b>9:15</b> Dedicated Dames <b>1:00</b> Gentle Yoga -Adv. <b>1:40</b> Gentle Yoga -Beg. <b>5:00</b> Line Dance Intro-\$ <b>5:30</b> Pilates Infused Yoga -\$	<b>6</b> <b>9:00</b> Adv. Beg. Line Dance-\$ <b>10:15</b> Intermed. Line Dance -\$ <b>1:15</b> Drop-in 10 Point Pitch
<b>9</b> <b>9:30</b> Cardio Drumming <b>10:00</b> Color me Calm <b>10:30</b> Hand/Arm Massages <b>10:30</b> Tap Dance	<b>10</b> <b>8:30</b> Motivated Men <b>9:15</b> Dedicated Dames <b>9:15</b> SS Stretch <b>10:00</b> Drop-in Scrabble <b>1:00</b> Drop in Watercolor at GMYP <b>1:30-3:30</b> Music Jam  <b>Burger Nite -\$</b> 4:00 Pitch Tournament 5:15 Burgers 6:00 Bunco	<b>11</b> <b>9:30</b> Cardio Drumming <b>10:00</b> Chatty Crocheters <b>10:15</b> Random Acts of Crochet Kindness (R.A.O.C.K.) <b>1:00</b> Quirky Quilters <b>1:30</b> Shuffleboard Tournament-\$	<b>12</b> <b>8:30</b> Motivated Men <b>9:15</b> SS-Strength <b>9:15</b> Dedicated Dames <b>12:15</b> Nala Care Presentation <b>1:00</b> Gentle Yoga -Adv. <b>1:40</b> Gentle Yoga -Beg. <b>2:45</b> Movie -Rental Family <b>5:00</b> Line Dance Intro-\$ <b>5:30</b> Pilates Infused Yoga -\$	<b>13</b> <b>9:00</b> Movie-Rental Family <b>9:00</b> Adv. Beg. Line Dance-\$ <b>10:15</b> Intermed. Line Dance -\$ <b>1:00</b> Movie-Rental Family
<b>16</b> <b>9:30</b> Cardio Drumming <b>10:00</b> Color me Calm <b>10:30</b> Hand/Arm Massages <b>10:30</b> Tap Dance <b>11:00</b> O.T. Bingo <b>12:00-4:00</b> AARP Tax Aide	<b>17</b> <b>8:30</b> Motivated Men <b>9:15</b> SS Stretch <b>9:15</b> Dedicated Dames <b>10:00</b> Drop-in Scrabble <b>10:30</b> CHI Fall Prevention Series <b>11:30</b> <b>Tom Strohmeier Merrymakers</b> <b>1:00</b> Drop in Watercolor at GMYP <b>1:30-3:30</b> Music Jam <b>2:00</b> Pie Day	<b>18</b> <b>9:30</b> Craft Class <b>9:30</b> Cardio Drumming <b>10:00</b> Chatty Crocheters <b>10:15</b> R.A.O.C.K. <b>1:00</b> Craft Class <b>4:30</b> Ukulele Club-\$	<b>19</b> <b>8:30</b> Motivated Men <b>9:15</b> SS-Toning Ball <b>9:15</b> Dedicated Dames <b>12:00</b> <b>Kearney Live</b> <b>1:00</b> Gentle Yoga -Adv. <b>1:30</b> Pinochle Tourney <b>1:40</b> Gentle Yoga -Beg. <b>5:00</b> Line Dance Intro-\$	<b>20</b> <b>9:00</b> Adv. Beg. Line Dance-\$ <b>10:15</b> Intermed. Line Dance -\$
<b>23</b> <b>9:30</b> Cardio Drumming <b>10:00</b> Color me Calm <b>10:30</b> Hand/Arm Massages <b>10:30</b> Tap Dance <b>11:00</b> Medical QR Codes <b>12:00-4:00</b> AARP Tax Aide <b>1:00</b> Widows Support Group	<b>24</b> <b>8:30</b> Motivated Men <b>9:15</b> SS Stretch <b>9:15</b> Dedicated Dames <b>10:00</b> Drop-in Scrabble <b>1:00</b> Tai Chi for Arthritis & Fall Prevention-\$ <b>1:00</b> Drop in Watercolor at GMYP <b>1:30-3:30</b> Music Jam	<b>25</b> <b>9:30</b> Cardio Drumming <b>10:00</b> Chatty Crocheters <b>10:15</b> R.A.O.C.K. <b>2:30</b> Foodkit Toolkit	<b>26</b> <b>8:30</b> Motivated Men <b>9:15</b> SS-Core Strength <b>9:15</b> Dedicated Dames <b>1:00</b> Tai Chi for Arthritis & Fall Prevention-\$ <b>1:00</b> Gentle Yoga -Adv. <b>1:40</b> Gentle Yoga -Beg. <b>5:30</b> Pilates Infused Yoga -\$	<b>27</b> <b>9:00</b> Bridge Tourney-\$
<b>30</b> <b>9:30</b> Cardio Drumming <b>10:00</b> Color me Calm <b>10:30</b> Hand/Arm Massages <b>10:30</b> Tap Dance <b>12:00-4:00</b> AARP Tax Aide <b>1:00</b> Watercolor Tips & Tricks at GMYP	<b>31</b> <b>8:30</b> Motivated Men <b>9:15</b> SS Stretch <b>9:15</b> Dedicated Dames <b>10:00</b> Drop-in Scrabble <b>12:15</b> NCDHH Presentation <b>1:00</b> Drop in Watercolor at GMYP <b>1:00</b> Tai Chi for Arthritis & Fall Prevention-\$ <b>1:30-3:30</b> Music Jam	<p><b><u>All Drop-in activities will begin daily 1:15 pm</u></b></p> <p><b>Monday- Pinochle/Cribbage</b>  <b>Tuesday-Watercolor / Hand &amp; Foot</b>  <b>Wednesday-Pitch / Rummikub</b>  <b>Thursday-Pinochle / Bridge / Mah Jong</b>  <b>Friday-Pitch</b></p>		