



18 East 22nd St.  
Kearney, NE 68848-1180  
(308) 233-3214  
[www.cityofkearney.org](http://www.cityofkearney.org)

---

## **CITY OF KEARNEY** **PRESS RELEASE** ***For Immediate Release***

Issued Date: May 7, 2024

Point of Contact: Marty Browne, Recreation Coordinator, 308-233-3862

### **Sunrise Yoga in the Park**

The Kearney Park and Recreation Department is currently accepting registration for Sunrise Yoga in the Park classes. Brittany Beckman, a certified yoga instructor with The Yoga Alliance, will gradually progress through a series of movements designed to improve your flexibility, strength and mindfulness. Classes will be conducted from 6:00 a.m. - 6:45 a.m., at Mitzi's Pavilion Courtyard in Yanney Park, for people age 16 and older. The following sessions are available: Session #1: Mondays, June 3-24; Session #2: Wednesdays, June 5-26; Session #3: Thursdays, June 6-27. Cost of the class is \$55 per session. Additional sessions are available in July. Enrollment is limited. To register or for more information, call 308-237-4644, or sign up online at [KPRreg.org](http://KPRreg.org).

**Check out our website at [www.cityofkearney.org](http://www.cityofkearney.org).**

*We are sending this News Release as a service to the news media and citizens of Kearney.*