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**CITY OF KEARNEY**  
**PRESS RELEASE**  
***For Immediate Release***

Issued Date: January 8, 2018

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**Peterson Activity Center Provides “Walk 15” Class**

Registration is now underway for a “Walk 15” class which is a low impact, multi-muscle, calorie torching, walking based workout, designed for all fitness levels. This class will be held at the Peterson Activity Center, on Tuesdays and Thursdays, from 5:00 - 5:45 p.m., running from January 16 – January 30. The class is led by Kay Christensen, Certified Master Level Walk 15 instructor. All classes in January are free to persons 50 and older. Please call 308-233-3290 to register or for more information.

**Check out our web site at [www.cityofkearney.org](http://www.cityofkearney.org).**

*We are sending this News Release as a service to the news media and citizens of Kearney.*

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