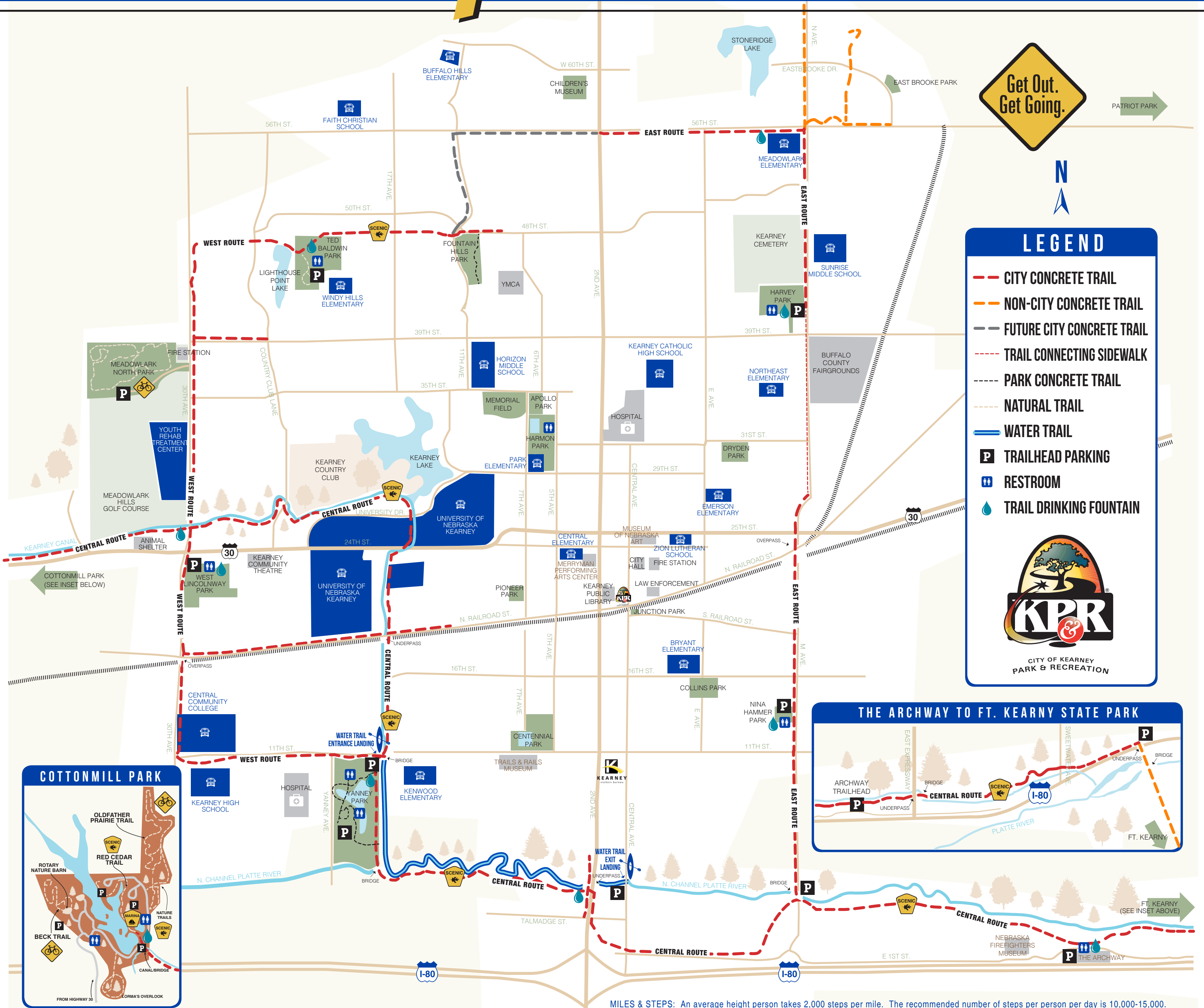


Trail Map

KEARNEY, NEBRASKA



MILES & STEPS: An average height person takes 2,000 steps per mile. The recommended number of steps per person per day is 10,000-15,000.

CENTRAL ROUTE

Cottonmill to UNK (University Drive) 2.59 miles
 UNK to Yanney Park (11th Street) **[LIGHTED]** 1.31 miles
 Yanney Park to S. 2nd Avenue **[LIGHTED]** 1.69 miles
 S. 2nd Avenue to The Archway **[LIGHTED]** 3.10 miles
 The Archway to I-80 Undercrossing 2.64 miles
 I-80 Underpass to Ft. Kearny State Park 1.77 miles

WEST ROUTE

Yanney Park (Trailhead) to Fountain Hills Park / TOTAL DISTANCE: 4.88 MILES
 Yanney Park (Trailhead) to Kearney High (30th Avenue) 1.01 miles
 Kearney High to W. Lincolnway Park (north)90 miles
 W. Lincolnway Park to Meadowlark North Park 1.00 miles
 Meadowlark North Park to Baldwin Park (17th Avenue) 1.43 miles
 Baldwin Park to Fountain Hills Park (11th Avenue)54 miles

EAST ROUTE

N. 2ND AVENUE TO N. CHANNEL PLATTE RIVER BRIDGE / TOTAL DISTANCE: 4.71 MILES
 North 2nd Avenue to Meadowlark Elementary 1.00 miles
 Meadowlark Elementary to Harvey Park80 miles
 Harvey Park to Avenue M Overpass98 miles
 Avenue M Overpass to Hammer Park **[LIGHTED]** 1.07 miles
 Hammer Park to N. Channel Bridge **[LIGHTED]**86 miles

A GUIDE TO KEARNEY TRAILS

PERMITTED USES

The trails are designed specifically for walking/running and bicycling. Equestrian use is allowed in Cottonmill Park at Oldfather Prairie and Meadowlark North Park. All motorized vehicles are prohibited except for maintenance, official or emergency vehicles. Electrically assisted pedal-powered bicycles and tricycles (maximum speed 20 mph) are allowed. Also allowed are electrically powered mobility devices for persons with disabilities. Trail use may be limited when reserved for events or for maintenance.

TRAIL EVENTS

Any group interested in holding an organized public event on a trail can contact the Park and Recreation Department at 308-237-4644

SAFETY TIPS

- ✓ Avoid running/walking/biking by yourself.
- ✓ Tell someone when and where you're going and when you expect to be back.
- ✓ Bring a cell phone and ID.
- ✓ Avoid using headphones.
- ✓ Watch for and adhere to trail signage.
- ✓ Check the weather prior to leaving.
- ✓ Be aware of your surroundings.
- ✓ Be prepared to stop or yield at road crossings.
- ✓ Choose appropriate clothing/footwear.
- ✓ Carry food/water for long trips.
- ✓ Bring a whistle and/or pepper spray.
- ✓ For emergencies, call 911.

HELMETS RECOMMENDED

For your safety, all cyclists and equestrian users should wear helmets. Your helmet should be snug and level on your head, and sit low on your forehead. Buckle and tighten your chin strap so that no more than one or two fingers fit under the strap.

TRAIL MAINTENANCE

The City of Kearney Park and Recreation Department is responsible for maintenance and upkeep of city-owned trails. Please report any issue to the Department.

SNOW REMOVAL

Snow will be removed from concrete trails after city streets have been cleared. Please avoid using trails until the snow has been removed.

TRAIL ETIQUETTE

- ✓ Keep to the right side of the trail and pass on the left side.
- ✓ Use your voice "On your left" well in advance of passing others. Listen for and acknowledge when others are passing to allow for them to pass safely.
- ✓ When traveling in a group, move to the right when meeting oncoming users.
- ✓ Cyclists should yield to pedestrians. Cyclists and pedestrians should yield to horses.
- ✓ Control your speed. Be cautious on busy trails, or when there is low visibility or slippery surfaces.
- ✓ Keep the trails beautiful. Pack out all trash.

TRAIL RULES

- ✓ Pets must be kept under restraint of a leash and under control of a competent person. (City Code 2711). The pet shall be reined within four feet of the responsible person.
- ✓ Pet owners are responsible of prompt removal and disposal of waste deposited by their animal (City Code 2711).
- ✓ Stay off private property.
- ✓ Obey all signs and traffic signals.
- ✓ Every person operating a bicycle upon a trail shall exercise the highest degree of care to avoid colliding with another trail user.

*See special rules and safety guidelines for the Water Trail located at the entrance landing at Yanney Park.